



Nenagh Éire Óg HEALTHY CLUB PROJECT



NENAGH ÉIRE ÓG HEALTHY CLUB PROJECT OFFICIAL LAUNCH OF THE GAA HEALTHY CLUBS PROJECT



NENAGH ÉIRE ÓG HEALTHY CLUB PROJECT



MEMBERS OF THE GAA HEALTHY CLUBS COMMITTEE AT THE OFFICIAL LAUNCH.

Standing: Senior Club Chairman, Jim Nagle
Sitting (L-R): Nuala Connolly, Team Leader
Michael Geaney, Clare Slattery, Thomas
Moylan and Juvenile Members.



ENJOYING THE LAUNCH OF THE GAA HEALTHY CLUBS PROJECT LAUNCH are (L-R) Thomas Moylan, Cyril Griffin, Nuala Connolly, Brid Walsh, Fr. Des Hillary, Josephine Geaney and Juvenile Members.

THE LAUNCH OF THE HEALTHY CLUB PROJECT

took place on Monday, May 27th in
The Éire Óg Complex. A number of
initiatives were launched in
association with the club that week
including a club and community
questionnaire.
Should you wish to participate in
the questionnaire please do so by
using the following link!
The club also launched this
newsletter which will include
articles related to the GAA Healthy
Club Project. Along with the many
club members present were
various community representatives
and members of the press.



Committee Members Michael Geaney, Clare Slattery and Greg Browne at the launch

As part of the long-standing
partnership between the health
sector and the GAA, through the
association's ASAP (Alcohol and
Substance Abuse Prevention), also
present was Pat Mulcahy, Tipp
County ASAP Officer. The
Committee through Team Leader
Michael Geaney expressed their
enthusiasm for the project which
has already brought many people
together to discuss and propose
ideas to better our club and
community in these challenging
times.
Should you wish to contact the
club with specific regard to the
GAA Healthy Club Project please
contact michaelgeaney1@yahoo.ie
or any Committee member.

NENAGH ÉIRE ÓG HOSTS THE MUNSTER HEALTHY CLUB PROJECT MEETING



Nenagh Éire Óg were delighted to
welcome the four other clubs in
Munster who were selected with Éire
Óg to be part of the healthy club
project to the latest Munster provincial
meeting. The other clubs involved in
Munster are: Midleton (Cork), St Paul's
(Limerick), Beaufort (Kerry) and St
Finbarr's, Cork who are the mentor
club. Also present was Stacey Cannon
- GAA Health and Wellbeing
Coordinator. Following on from the
questionnaire that so many of you took
the time to fill out, we will presently be
rolling out a series of events to address
what you perceived to be the needs of
our community. Please feel free to
contact any member of the committee
with any queries or comment.

Healthy Club Project Team
Team Leader - Michael Geaney:
michaelgeaney1@yahoo.ie
Team Administrator: Nuala Connolly
nualamcg68@gmail.com
Children's Officer: Thomas Moylan
tommyoylan@eircom.net
Community Representative: Clare Slattery
(snr) clare.s.slattery@gmail.com
Greg Browne: gregbrowne@topmail.com
Club Chairperson: Jim Nagle
jinnagle1@gmail.com
Club Secretary: Declan Bailey
debailer@hotmail.com

A very big 'Thank You' to all the great
kids and their schools who sent in
wonderful posters for our Anti-Bullying
competition. The winners were
presented with hurleys and sliotars by
juvenile treasurer Gerry Robinson:
U6: Jaydon Clune and Mark Manley,
St. Mary's Junior Boys National.

7-8 yrs: Shea Drummed, St. Mary's
N.S. (2)
9-11 yrs: Caoimhe Connolly and
Andrea Reilly, St. Mary's Convent.
Nathan Griffin and Brian Sayu, CBS
Primary. 12-13 yrs: Siobhan Collins,
St. Mary's Convent. Grace Langley,
Noel Carroll, St. Mary's N.S. (2).



NENAGH ÉIRE ÓG HEALTHY CLUB PROJECT



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NOT ON OUR TEAM! NO Bullying

POSTER COMPETITION

Nenagh Éire Óg would like you to help us design a mascot for our new
Anti-Bullying Campaign. Be sure to give your character a name and your
poster should also have a slogan. Your mascot will stand up for every child
in the club so he or she should have something important to say. If you
speak more than one language please write the slogan in your other
language, with the name of the country, on the bottom of the page.
There are four age groups: 6 years and under, 7-8 years, 9-11 years and
12-13 years.

There will be prizes of new hurleys and sliotars for the best posters.
On the back of your poster, please put your name, age, school, and class.

Final date for entries is Friday May 10th.



GIVE RESPECT - GET RESPECT IT'S NOT JUST FOR KIDS!



OUR JOURNEY SO FAR



NENAGH ÉIRE ÓG HEALTHY CLUB PROJECT



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**MICHAEL GEANEY
PRESENTS A CHEQUE ON
BEHALF OF NENAGH ÉIRE
ÓG JUVENILE CLUB TO
STAFF AT ÁRAS FOLLÁIN**



As you are aware the GAA Healthy
Club Project is now in operation in
the club and community. The first
phase of the Project was the
completion of a questionnaire. We
are delighted to say that over 150
people, both members and non-
members, have completed it to
date. Indeed, the Éire Óg
Club leads the way with the
number who have completed the
questionnaire, out of all the clubs
involved in the Healthy Club
Project. A big thanks to
all involved in promoting the
Project. The information we have
received will be evaluated during
the coming weeks and will help us
plan the various initiatives that
people are looking for from the
club.

During the past couple of weeks
members of the Project Team have
met with Pat Mulcahy, Alcohol and
Substance Abuse Prevention
Officer (ASAP) with the County
Board. We will be linking with Pat
during the coming months and

availing of the experience he
can offer us in the area of Alcohol
and Substance Abuse Prevention.
We also met with some of the staff
in Áras Folláin to develop links
with them. Áras is a Peer Support
Centre based in Tyone in Nenagh.
It provides an environment where
people have an opportunity to
develop their physical, emotional
and spiritual well-being. The
centre also has a strong focus on
social inclusion. The aim is to work
towards breaking down the stigma
around Mental Health and also
creating positive awareness of
Mental Health using a Holistic
approach.

Support for Community Groups
Michael Geaney, Project Leader
HCP and Catherine McTiernan, PRO
Juvenile Club also made a
presentation of €200 to Áras
Folláin. This was the first prize in
our recent 'Guess the Score'
competition which was not won. It
was decided at a recent Juvenile
Club Meeting to donate the prize to
Áras Folláin. Indeed for the last
couple of years when the prize was
not won the Éire Óg Juvenile Club
has donated the prize to various
community groups e.g.
Suaimhneas and Relay for Life.

Get in Touch - 067 41906

Áras Folláin,
Tyone, Nenagh,
Co Tipperary

E-mail:
secretary@arasfollain.ie



Welcome Brunch Every Friday
from 11am to 1pm two volunteers
are here to welcome you to our
peer support centre. So why not
relax and enjoy some homemade
food while finding out more about
the various support groups,
courses and activities that happen
in Áras Folláin and community.

Family Fun Day

in aid of Áras Folláin

Sunday 1st September

12 noon until 6pm

Nenagh Rugby Club

Áras Folláin is a Peer Support
Centre based in Nenagh. We are a
Centre that promotes wellness
and recovery for people who have
experienced mental health
difficulties or who are at risk of
mental ill health through social
isolation, family circumstances,
disability or unemployment.



NENAGH ÉIRE ÓG



THE BLUES 10K RUN

APPROVED BY AAI

**SUNDAY JUNE 15th 10.30AM
5K RUN/FAMILY FUN WALK**

PRIZES!



Registration Opens at 9am, Final Registration 10am!

Commencing MacDonagh Park, Nenagh at 10.30am
5K Run and Walk Commences 11am.

**Prizes: 10K Run - €100 First
Place Male and Female.
€50 Second Place Male and
Female. €25 Third Place Male
and Female.**
**Prizes 5k Run - €50 First Place
Male and Female.
Spot prizes for walkers.
Parking on site.**

**Entry Fee 10K Run - €15 *(€12
pre-registered)
Entry Fee 5K Run - €10
Entry Fee Walkers - €5 per
Family**
**Pre-registration on Wed. 11th,
5pm to 7pm and Sat. 14th,
11am to 1pm at MacDonagh
Park Complex***
Contact: Shane (087) 6373830

CAN YOU HELP? IF YOU HAVE AN HOUR FREE ON SUNDAY MORNING, JUNE 15th COULD YOU
CONTACT SHANE CONNOLLY ON 087 6373830. ANY AND ALL HELP APPRECIATED.

Nenagh Éire Óg HEALTHY CLUB PROJECT



Building Community
BE PART OF OUR TEAM

COMPLETE QUESTIONNAIRE AT

www.nenagheireog.com

White Rooms Multimedia

